



2025 Summer Slider Eating Contest

Amateur Championship

Contest Rules

1. Entries will be limited to the first 10 non-professional eating contestants registered.
2. Contestants must be at least 18 years of age.
3. All contestants must be checked in and have their waiver signed at their respective Cold Beers & Cheeseburger location by 3 pm on Saturday, June 14, 2025.
4. The object is to eat as many cheeseburger sliders with water as the only beverage. Water will be provided to all contestants.
5. Each contestant will be given 20 cheeseburger sliders to start, and the allotted time is 10 min. Whoever finishes their sliders the fastest will determine the first, second, and third-place finishers.
6. Dunking in au jus and/or crunching the slider is allowed.
7. Separating the burger from the bun to eat them individually is allowed.
8. Must eat everything on the cheeseburger slider, including the bun, cheese, meat patty, and caramelized onions.
9. Contestants must not touch any cheeseburger slider until the starting signal.
10. The winner will be determined by whoever has eaten the most cheeseburger sliders the fastest within the allotted time.
11. The judges will determine the winner of the contest, not the participants, and the judges' decision will be final.
12. Any contestant caught breaking any of the above rules will be disqualified.

First Name: _____ Last Name: _____

Address: _____

Phone: _____ Email: _____

Date of Birth: _____ Age: _____ Emergency

Contact: _____

Emergency Contact Relationship: _____ Emergency Contact

Phone: _____

Waiver

I know that eating large amounts of cheeseburger sliders is potentially hazardous and is an uncomfortable activity. I should not enter and eat unless I am medically capable and properly trained. I realize that this is in good fun and possibly bad taste, but I agree to be a good sport. I understand the health and associated risks inherent in eating contests and in the consumption of large quantities of food in a short period of time. I assume all risks associated with this type of event including—but not limited to—indigestion, stomach stretching or perforation, contact with other contestants, vomiting, choking, delayed stomach emptying, aspiration pneumonia, feeling nauseous or dizzy, rupture of esophagus, and water intoxication (drinking too much water to wash it all down) and social and economic losses which might result not only from my own actions, inactions or negligence, but also the actions, inactions, or negligence of others, the rules of play, the condition of the premises or of any equipment used or food consumed. Further, there may be other risks not known or not reasonably foreseeable at this time. I agree to abide by any decision of the contest officials and all of the contest rules. I accept this specific notice of the existence of the risks. I shall assume and pay my own medical and emergency expenses in the event of injury, illness, or other incapacity regardless of whether I authorized such expenses. I realize that this activity requires physical conditioning and I represent that I am in sound medical condition and capable of participating in the contest without risks to myself or others. I have no medical impediment, which would endanger others or myself. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Square One Concepts, Inc., all Cold Beers & Cheeseburgers locations, their representatives, employees, owners, managers, members, sponsors, and their successors from all claims of liabilities of any kind arising out of my participation in this event.

Contestant

Signature: _____ Date: _____